



TODAY'S RESEARCH IS TOMORROW'S CURE

The Queensland and Northern New South Wales **Lions Medical Research Foundation** is committed to start-up funding for world class medical research.

lionsmedicalresearchfoundation.org.au

CHAIRMAN'S MESSAGE

Hello to all Lions, Leo and Lioness Clubs in Queensland and Northern New South Wales, and welcome to the November edition of our newsletter.

The LMRF Annual General Meeting held on Sunday 11 November went well with 2 new Directors joining the board. It is with great pleasure that we welcome Tony Hall and Bernadette Moore. With these appointments, the Board now has a full complement of Directors and with the experience and skills offered by our 2 new Directors, we are well poised to meet the challenges of 2019 head on. For reference, the Annual Report is available on line [HERE](#).

Representatives from the Foundation attended the Q1 Convention in Logan and the Q4 Convention in Coolumb, with one of our current researchers, Dr Nadeeka Dissanayaka attending as a guest speaker at the latter convention. This means that in 2018, LMRF was present at all four Q District Conventions as well as the Multiple District Convention in Townsville. It is our intention to do exactly the same in 2019 with our attendance already confirmed at the Geelong MDC.

The Foundation is currently in the process of sourcing a new researcher. A Fellowship has been announced with applications being invited for a Medical Research Fellowship into diabetes and diabetes related research. Not only will this align well with the LCI Pillars but it will also allow the Foundation to shine a light on this chronic condition and support local researchers. Applications close on Friday 30 November after which time all applications will be assessed by a panel of medical experts, and we will make an appointment early in the new year. We look forward to sharing this news with you.

Yours in Lions Service.

Allan Turner
Chairman



NEW DIRECTORS

The Foundation welcomes 2 new Directors - Tony Hall from the Lions Club of Mount Tamborine in [District 201Q1 Lions](#) and Bernadette Moore from the Lions Club of Buderim in [Lions Club District 201 Q4](#). We look forward to the collective experience and wisdom they will bring to the LMRF Board. To see the full list of Directors, please visit the website [HERE](#).



and NEW AMBASSADORS

In the last month the Foundation has signed up 3 new Ambassadors. PDG Rod Somerville from the Lions Club of Maroochy North Shore, District 201Q4, former LMRF Fellow Dr Tracey Bjorkman and Carey Dobson from the Upper Coomera Lions Club, District 201Q1.

Thank you to all LMRF Ambassadors for your efforts within your Districts and communities on behalf of the Foundation.

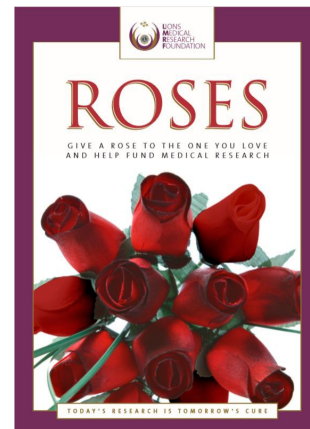


Have you liked us on Facebook yet?

ROSES OF LIFE

Roses of life are a great option year-round to add that extra element to club fundraising activities. With Valentine's Day not that far away, now's a great time to think about ordering some for your fundraising activities during February. The Foundation will be out and about in February selling roses at the Brisbane Airport and promoting LMRF.

You can order ROSES OF LIFE on line [HERE](#).



NADEEKA'S NEWS



At the Q4 Convention recently held in Coolum, Dr Nadeeka Dissanayaka was invited to be a guest speaker. She shared insights into her research into anxiety and depression in dementia and Parkinson's disease patients, and discussed how she and her team are working towards improving social contact and reducing loneliness through introduction of new interventions such as Virtual Reality.

Nadeeka's work continues to receive international profile and she has recently co-authored a paper on the high prescribing rate of psychotropic agents in residential aged care facilities. Controversy surrounds the appropriateness of these medications and there is growing evidence of associated adverse outcomes.

BRISBANE INDIAN CLUB

Brisbane Indian Prestige Lions Club held their first business networking event at the Tattersall's Club this month and LMRF Senior Research Fellow Dr Carlos Salomon was invited as a guest speaker.

The evening was a great opportunity for Carlos to share the current status of his research, and for the members and guests of this recently chartered Lions Club in District 201Q1 Lions to network and build relationships.



MELBOURNE CUP BASH

Townsville turned on a celebration for Melbourne Cup this year. The fundraising committee all worked together to deliver a "Picnic on the Rails for The Cup" celebration.

There were sweeps, phantom races and prizes with all proceeds going to the Foundation. A cheque for \$1600 was presented to the Foundation in support of world class medical research. **Tremendous effort everyone!!**

HALLOWEEN TRIVIA NIGHT

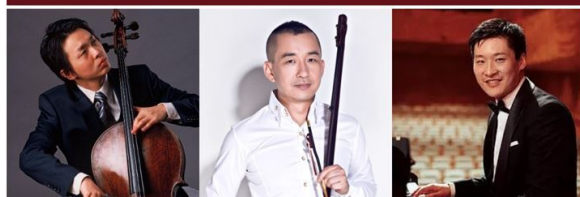
Many thanks to the Lions Club of Brisbane Bardon for their support of the Foundation through their Halloween Trivia night. It was a hotly contested competition and while the LMRF team may not have won the trivia part of the evening (despite a promising start), we did however walk away a winner with President Dr Joyce Arnold presenting a cheque for \$500 to Allan Turner. **Thanks to all for your generous support.**



WIN TWO TICKETS



Lunar New Year: Memories from Childhood



Southern Cross Soloists is offering two tickets to **Lunar New Year - Memories from Childhood** on Sunday 17 February 2019 at 3pm.

Southern Cross Soloists first concert for 2019 celebrates the Lunar New Year. An impressive lineup of guest soloists combine forces with Southern Cross Soloists to farewell the Chinese Year of the Dog and to welcome in the Year of the Pig. The concert will be a jubilant celebration of East meets West, mixing modern and age-old traditional folk songs, with guest artists Li-Wei Qin (cello), George Gao (erhu) and Kristian Chong (piano).

For more information on this concert and to check out the Southern Cross Soloist Program for 2019, head to their

website [here](#).

To be in the draw to win, please email info@lmrf.org.au with SOUTHERN CROSS SOLOISTS in the Subject Heading, and your NAME, CLUB, POSTAL ADDRESS and the best PHONE contact in the body of the email. Responses must be received by COB Thursday 13 December.

A winner will be chosen at random and notified by email on Friday 14 December.

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