

JULY 2019



LIONS MEDICAL RESEARCH FOUNDATION

TODAY'S RESEARCH IS TOMORROW'S CURE

The Queensland and Northern New South Wales Lions Medical Research Foundation is committed to start-up funding for world class medical research.

Welcome one and all!

National Diabetes Week has been recognised this month and Dr Olivia Holland has been out and about, sharing this important week with us all. If you haven't followed her on our Facebook page and would like to catch up on her activities, you can do that [HERE](#)

I want to take this opportunity to firstly thank all those clubs and individuals who have very kindly supported the [ART UNION](#), but also make a request for clubs to offer their further support for the Art Union as it draws to a close at the end of August. There are still tickets to sell so we need to make these last few weeks count as they will be critical to its success. All money raised goes to support our researchers and their valuable work.



Support comes in many shapes and forms and this month I'd like to especially thank the Northern NSW Community Trust. A recent and very generous donation of \$15,000 has only served to highlight that this Trust, in District 201Q1, over its lifetime has been a generous and consistent supporter of the Foundation. PDG Ray Phippard OAM was instrumental in establishing the Trust, and the original constitution stipulated the support of the Region 1 community and Lions Medical Research Foundation as its objectives. Ray was active within Lions Medical Research Foundation since its formation so it was an obvious progression to include it as an established recipient.

There is no doubt that Ray Phippard's pre-eminent considerations centred around his enduring interest in Lions Medical Research Foundation. If we take into account his ongoing donations to the Foundation and couple that with his vision and influence at Trust level, he played a substantial part in the success of the Foundation. Ray's admittance to the Australian Lions Hall of Fame, his OAM and life membership to the Past District Governors Association are testament to his devotion not only to Lions Medical Research Foundation but to Lionism in general.

With kind regards

Allan Turner
Chairman

#MedicalResearchMatters



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GC Marathon Fundraiser

Huge thanks to LMRF Q1 Director, Tony Hall who ran the Gold Coast Marathon and raised funds for the Foundation in the process. There were over 4,000 runners in the 10km event he competed in. He came in 14th out of 26 in his age category and to quote him directly "I was shattered at the end as I'd never run 10km before".

This year was a trial run but the challenge is on, so get your training program in place so that you can be part of "TONY'S TEAM" in 2020 and help raise funds for medical research.



Last push for Art Union tickets

Our mini Art Union is drawing to a close and we still have tickets to sell so please consider supporting this fundraising activity before it closes on Saturday 31 August. We need all the help we can get to make this a successful activity so at \$2 a ticket it's a steal.

Tickets can be purchased on line [HERE](#) or by calling the office on 07 38321688.

Closing date:- Saturday 31 August 2019

Drawn:- Friday 13 September 2019. The winner will be drawn and notified by phone and/or email.

P:- 07 3832 1688 **E:-** info@lmrf.org.au

Terms and conditions apply - please see the website



National Diabetes Week

National Diabetes Week ran from 14 to 20 July this year and it gave LMRF researcher Dr Olivia Holland a chance to share some insights with us.

She believes resolutely that 'Diabetes is a huge health problem, and not one we will be able to solve overnight. Continuing research will be vital to helping those already suffering from diabetes, but also in stopping more people from being affected in the future. I believe that if you really want to influence health outcomes, it's not treating long term damage that matters, it's preventing that damage to begin with. With assistance from Lions Medical Research Foundation and their many supporters, other researchers and I are able to continue to discover more about diabetes and help improve the way we treat this critical health issue.



The BIGGEST little Club Crawl

Karen Beaumont from **Kickstart Event Management** (and a former Personality Quest Entrant) is hosting an event on 27 October at Mullumbimby with proceeds going to LMRF. For **THE BIGGEST LITTLE CLUB CRAWL IN AUSTRALIA** she's working in partnership with numerous local businesses and the **Brunswick Mullumbimby Lions Club**, to bring this fundraiser to fruition. Please help spread the word and make this event an amazing success !! Thanks for your efforts on our behalf Karen. It is greatly appreciated



Ovarian Cancer research update

Carlos' team has recently published a study in a high-ranking journal which provides evidence of the communication of cancer cells with normal cells via exosomes to promote cancer progression using an ovarian cancer mouse model. Mona Alharbi, a PhD student in the exosome biology lab, is the first author of the study which acknowledges funding support from Lions Medical Research Foundation.

As part of UQ's community engagement program, Carlos and team welcomed students from Genesis Christian College for their Year 10 work experience program. The students were involved in the activities undertaken by the exosome biology lab, specifically working on the ovarian cancer project.

Additionally, Carlos has been invited to give a seminar on exosomes in ovarian cancer at the University of Sydney NHMRC Clinical Trial Centre and to be a speaker at the Danish Diabetes Association meeting in Copenhagen, Denmark.

www.lionsmedicalresearchfoundation.org.au



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